

# EMEWS 257

THE NEWSLETTER  
of the  
EAST MIDLANDS ORIENTEERING ASSOCIATION  
DECEMBER 2015 - JANUARY & FEBRUARY 2016



EMEWS EDITOR:

Mike Gardner  
3 Gatcombe Close  
Oakwood  
Derby  
DE21 2PZ

Email: [mikegardvo@sky.com](mailto:mikegardvo@sky.com)

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## EMEWS

*EMEWS is the newsletter of the East Midlands Orienteering Association. The views expressed in this newsletter are not necessarily those of the East Midlands Orienteering Association, nor of the Committee.*

### East Midlands Orienteering Association Officials 2015/2016

<b>Chairman</b>	John Hurley	<a href="mailto:johnhurley870@btinternet.com">johnhurley870@btinternet.com</a>
<b>Vice Chairman</b>	Amanda Roberts	<a href="mailto:amandaroberts1962@googlemail.com">amandaroberts1962@googlemail.com</a>
<b>Financial Secretary</b>	Mark Webster	<a href="mailto:markandjuliewebster@yahoo.com">markandjuliewebster@yahoo.com</a>
<b>Development Co-ordinator</b>	Chris Phillips	<a href="mailto:onecphillips@lineone.net">onecphillips@lineone.net</a>

#### Club Rep Roles

<b>DVO Rep</b>	Mike Gardner, 3 Gatcombe Close, Oakwood, Derby, DE21 2PZ 01332 665671	<a href="mailto:mikegardvo@sky.com">mikegardvo@sky.com</a>
<b>LEI Rep</b>	Bob Haskins	<a href="mailto:bobh@piperdrive.org.uk">bobh@piperdrive.org.uk</a>
<b>LOG Rep</b>	Amanda Roberts	<a href="mailto:amandaroberts1962@googlemail.com">amandaroberts1962@googlemail.com</a>
<b>NOC Rep</b>	Pauline Olivant, 89 Southcliffe Road, Carlton, Nottingham, NG4 1E5. 0115 9872083	<a href="mailto:p.olivant@btinternet.com">p.olivant@btinternet.com</a>

#### Other Committee Roles

<b>Minutes Secretary</b>	Mike Gardner	<a href="mailto:mikegardvo@sky.com">mikegardvo@sky.com</a>
<b>Fixtures Secretary</b>	Ursula Williamson	<a href="mailto:ursula.williamson.orienteer@gmail.com">ursula.williamson.orienteer@gmail.com</a>
<b>Coaching Coordinator</b>	Hilary Palmer	<a href="mailto:hjpalmer@ntlworld.com">hjpalmer@ntlworld.com</a>
<b>Junior Squad</b>	Steve Kimberley / Dai Bedwell	<a href="mailto:lazyorienteer@googlemail.com">lazyorienteer@googlemail.com</a> <a href="mailto:dai.bedwell@btinternet.com">dai.bedwell@btinternet.com</a>
<b>Mapping</b>	David Olivant	<a href="mailto:d.olivant@btinternet.com">d.olivant@btinternet.com</a>
<b>EMEWS Editor</b>	Mike Gardner	<a href="mailto:mikegardvo@sky.com">mikegardvo@sky.com</a>
<b>Webmaster</b>	John Cooke	<a href="mailto:jholtcooke@btinternet.com">jholtcooke@btinternet.com</a>
<b>EMOA League</b>	Ursula Williamson	<a href="mailto:ursula.williamson.orienteer@gmail.com">ursula.williamson.orienteer@gmail.com</a>
<b>Urban League</b>	Paul Murgatroyd	<a href="mailto:pmurgatroyd@lincoln.ac.uk">pmurgatroyd@lincoln.ac.uk</a>
<b>National Forest</b>	Roy Denney	<a href="mailto:rdenney@ntlworld.com">rdenney@ntlworld.com</a>
<b>BO Directors for EMOA</b>	John Woodall / Judith Holt	<a href="mailto:woodallja@ntlworld.com">woodallja@ntlworld.com</a> <a href="mailto:Judith.holtcooke@btinternet.com">Judith.holtcooke@btinternet.com</a>
<b>President</b>	John Woodall	<a href="mailto:woodallja@ntlworld.com">woodallja@ntlworld.com</a>

East Midlands website: [www.emoa.org.uk](http://www.emoa.org.uk)

Copy Date for next issue: **4th April 2016 for next EMEWS**. Contributions are always welcome but especially by e-mail ([mikegardvo@sky.com](mailto:mikegardvo@sky.com)).

Cover - A cover as usual from Ernie. All the comments have been heard at recent events

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### **Report on East Midlands Meeting - 2<sup>nd</sup> November 2015**

**Regional Volunteer Day** - The event went successfully and we had the following attendees 5 from DVO, 16 from LEI, 3 from LOG, 12 from NOC and 6 from outside the region. These were split in to 20 for Event Safety, 11 for Organisers course, 8 for Planners course, 5 for Mapping and 9 for the Conditioning for Coaches (don't try to add the 2 sets of numbers as some of the attendees attended 2 half day sessions!). Thanks were provided to Ursula Williamson and Bob Haskins for the catering. Also thanks to all of the tutors.

**Treasurer's Report** - One funding request for attendance at Lagganlia was approved.

**New Controllers** - Discussion took place on whether it was necessary to have organised a level "C" event or not to be qualified as a controller (After the event the rules were checked and it was found in Appendix C, Section 2.1 - Organise a competition registered with British Orienteering within the previous 10 years, so being the organiser of a level D event is sufficient to meet the requirement).

**Junior Squad** - John Hurley reported that the region had come 5<sup>th</sup> in JIRCs, which was the best placing for a number of years. The squad are due to attend a weekend in November in the Lakes, then training up to March would be based locally. The Junior Squad also will organise the Bramcote event on December 20<sup>th</sup>.

**East Midlands League 2015** - It is planned to present the prizes at East Midland Score Champs on 7<sup>th</sup> February.

**East Midlands League 2016** - Ursula requested clubs to use a standard naming convention for the East Midlands League Events in 2016 when adding them to the BO Fixtures list, use: EM League, Area, Local Town

#### **Future Events:**

- (i) **29 November 2015 - East Midlands Champs 2015** - Birchens Edge (DVO)
- (ii) **27 February 2016 - British Night Champs 2016** - Cademan Woods (LEI) - 100 acres of new terrain
- (iii) **28 February 2016 - Midlands Champs 2016** - Sherwood Forest (NOC) - Entries open by end of November.
- (iv) **10 April 2016 - Yvette Baker Trophy Round 2016** - Beacon Hill (LEI)
- (v) **8 October 2016 - British School Score Champs 2016** - Bagworth (LEI)
- (vi) **27 November 2016 - East Midland Champs 2016** - Wakerley Woods (LEI)
- (vii) **18 March 2017 - Midland Champs** - Belvoir (LEI)
- (viii) **12 March 2017 - 2017 Compass Sport Cup Round** (LOG) - Burwell and Haugham
- (ix) **Peter Palmer Relays 2016** - LEI are looking into accommodation, Organiser appointed.

#### **Future Possible Events**

- i) **Junior Inter-Regional Champs 2018** - EMOA are scheduled to host this. Dai looking at accommodation with Junior Squad assisting.

ii) **British Sprints / Middles 2019** - LEI / DVO

iii) **Midland Champs 2020** - DVO

iv) **British / British Relays 2021** - Looking in to possibly hosting using SYO areas at present. Awaiting response to Chris Phillips - it was confirmed as 2021

v) **Midland Champs 2022** - NOC

**BO Club Conference** - Mark Webster attended on behalf of EMOA. Areas covered included What Does Sport for All mean? Another was What is Competitive Orienteering? Also covered other topics such as the drop out of teenagers from the sport. Mark felt it was a good session and useful to meet and talk with folk from other clubs and regions

**Future Meetings** - All meetings to be held at the Pace Room, St Mary's Church, Clifton Village, Nottinghamshire at 7.30 p.m. The next committee meeting is Monday 1<sup>st</sup> February and the following meeting is Monday 4<sup>th</sup> April.

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### **East Midlands Championship 2015**

The 2015 East Midlands Championships was held on a wet and windy November day on Birchen Edge, a new DVO area. The parking field was unusable on the day but folk managed to park on the route to the Assembly area. The area around the car park did get very muddy, but as a late starter I can tell you that there were very few tracks visible on the area itself. The area is predominantly open moorland interspersed with some open runnable woodland and a few steep slopes including Birchen Edge itself. Hopefully it added a new interesting area for future events.

The winners were:

W10	Daisy Rennie (LEI)	M10	Harrington Leake (LEI)
W12	Rachel Duckworth (DVO)	M12	Charlie Rennie (LEI)
W14	Sarah Duckworth (DVO)	M14	Ethan Tebbutt (LEI)
W16	No runners	M16	Alastair Flynn (NOC)
W18	Elizabeth Bedwell (DVO)	M18	Tom Barber (LEI)
W20	No runners	M20	No runners
W21	Liz Heaton (LEI)	M21	Richard Robinson (NOC)
W35	Helen Chiswell (DVO)	M35	David Newton (DVO)
W40	No runners	M40	Ben Crane (DVO)
W45	Alison Hardy (LEI)	M45	John Duckworth (DVO)
W50	Amanda Roberts (LOG)	M50	Justin Williams (LOG)
W55	Val Johnson (DVO)	M55	Kevin Lomas (NOC)
W60	Jane Booker (NOC)	M60	John Hurley (DVO)
W65	Liz Godfree (DVO)	M65	Mike Godfree (DVO)
W70	Pauline Ward (DVO)	M70	Glynn Smith (LEI)
W75	No runners	M75	David Anderson (LEI)
W80	No runners	M80	David Parkin (DVO)



### East Midlands Junior Orienteering Squad (EMJOS)

The autumn season has once again been busy for the junior squad. We have been very lucky to be able to join several local clubs at their training, with DVO in the Lake District, NOC at Burntstump and Walton Chasers at Cannock Chase. Combining with other training groups helps spread the costs and also enables more coaches and juniors to participate.

The EMOA team competed at the annual Inter-Regional Championships in September, the individual races on Brereton Spurs and the relays on Oldacre Valley. With a wide range of strong results, we did remarkably well this year: after the combined individual and relays results we came 5<sup>th</sup>, just behind the big 4 regions. This represents one of our best results in many years and is probably as high as we could aim for with the big 4 regions drawing from larger populations and with superior resources at their disposal.

November was dominated by long drives to selection races either in the north or south but the month ended with the annual M/W16s weekend at Hawkshead Youth Hostel in the southern



Lake District. This weekend brings together the top M/W16s in the country for 4 sessions of orienteering on first class Lake District terrain. Once again we had support from a number of the country's top orienteers to help with control hanging and shadowing and while Storm Clodagh was threatening to wash out the weekend we somehow dodged the worst of the weather. The juniors

contributed a few comments each about this weekend:

*Excellent training, stunning areas, meeting old friends and new. Every orienteer should experience the Hawkshead weekend!*

*I enjoyed the whole weekend and had been looking forward to Hawkshead for a long time - it was great meeting up with old friends and making new ones.*

*I particularly enjoyed the map walk with Ian from the West Midland Squad. We had to go round a hill but had to visualise going over the hill and know exactly where we were on the map.*

*The coaching for the weekend was excellent since there were many top standard coaches available to talk through exercises and for shadowing.*

*Both times I was shadowed, I received really useful advice on how to approve my technique and what to focus on in similar areas.*

*The well thought out exercises made the most of the technical areas which we visited and meant the trip up to the Lakes was definitely worth it.*

*One thing I learned over the weekend was that my head torch was not good enough for night orienteering - I had to slow right down because I couldn't see where I was going! (note: The Hawkshead weekend features a unique format of orienteering that ought to be more widespread - a mass-start urban sprint night relay. 35 controls in 1.3km, at night...)*

And from Hannah Cox, who hung controls and shadowed over the weekend:

*This year at Hawkshead I was part of the forest team which involved hanging controls for the training and also helping with coaching with the East Midlands and other squads. I shadowed a few athletes over the weekend and really enjoyed coaching them whilst they were out on their course, and hope they found some of what I said useful!*

And from Dai Bedwell, the coach and minibus driver:

*Another first for me - a minibus door falling off on a squad weekend! The incident occurred when opening the door at our Saturday afternoon area. With considerable assistance we repaired the bus and even had our deposit returned in full from the rental company but I'd much rather spend a Saturday afternoon coaching orienteering than practicing my rather mediocre auto maintenance skills.*

The year closed with the junior squad returning to an old tradition - hosting an event in the region. We are very grateful to NOC for letting us use Bramcote Hills as well as to the numerous people from across the region that helped us with this event. For many juniors this was their first major role in an event and all seemed to appreciate the amount of effort that goes into hosting a race. When all the bills are sorted out we hope to make some profit out of the event so that we can support taking a team to the 2016 Junior Inter-Regional Championships which will be in Aberdeen.

Squad plans for early 2016 include local training days at Crich Chase and Cademan Woods plus a weekend in the Lake District.

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### **Orienteering Summer 2015 by Hannah Cox**

This summer I have been lucky enough to go to Norway, Scotland, Switzerland and Sweden for competitions and training. This year's JWOC, my first trip of the summer, was held in the



Rauland area of Norway where I competed in the sprint and relay. After arriving in Norway there was opportunities for training at model events in areas similar to those used for competition then it was straight into racing. The sprint took place on the Sunday in the town of Åmot, where I would be the first starter. With no one else around on the course I managed to focus well on my own race. The course was trickier than many expected with a lot of interesting route choices. Except for controls 2, 4 and 7 I was generally happy with my route choices and the execution of them.

The best thing about being first starter was the support from the spectators as I ran through the arena during and at the end of the course to be first finisher! Obviously I slipped down the

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results as the other girls finished but I managed to stay in the top 50, finishing 44<sup>th</sup>, which I was very happy with at my first JWOC. For the rest of the week before the relay I supported the rest of the team in the middle and long events and also got out onto some fantastic terrain to train. The marshes proved to be very fast and the best route choice even if it meant going further round. From the training it was also clear that executing the route across the marshes was fairly simple but navigating into the control was going to be tougher and slowing down into the control would be important. After 4 days of supporting and not racing I was keen to get going for the relay. I was looking forward to the mass start and putting my running background in to practise to try and stick with the pack for as long as possible. I didn't quite have the run I would have liked though. A small mistake into number one meant I was just off the main group, the next few controls I hit cleanly and since I hadn't raced in the terrain before unlike the other girls I was happy with how I was orienteering and was still in touch with most of the group. At number 7 I came in off the marsh just slightly too early and missed my control costing me more time. The next few controls had a lot of track running and I still felt like I was running well and pushed on. The next control was number 10, positioned just 50m from the spectator control which was followed by the arena run through. As I neared number 10 I decided that I was actually going to the spectator control and so consequently missed out number 10. I then continued to run through the 400m run through with spectators cheering for me whilst I started to plan ahead for the next few controls. As I neared the end of the arena I realised what I had done and so turned around and ran back through the arena (including a steep uphill when ran in the opposite direction to which was intended) to get the missed control. Not only did this cost me and my team a large amount of time but missing a control that means having to re-run the arena, backwards, is probably one of the most embarrassing orienteering experiences I have had. The rest of the course was good with no big mistakes, but with the annoyance of missing out 10 playing on my mind I was a bit scrappy into the controls. Having not raced in the terrain before like the rest of the field I was pleased with my run and the routes I chose and generally the execution of them.

After JWOC I had a few weeks before the Scottish which was followed immediately by a trip to Switzerland in order to train ahead of JWOC 2016. The terrain in Switzerland was very steep and the altitude added an extra challenge to getting up the hills. One of the training areas actually involved us taking a gondola up to the start! The forests were generally runnable and the large contour features were very useful for navigation. The areas we used for sprint training were very intricate with many little alley ways that could easily be missed meaning planning ahead and full concentration are going to be essential for the races. Training in the relevant terrain for JWOC next year has given me a lot of motivation to try and get selected again, but we'll just have to wait and see!



Following Switzerland I then went on the JROS self-help tour to Gothenburg where we stayed in a club hut that we based our training around. The area by the club hut was really good which



meant most days we didn't have to travel to train, and even when we did we didn't have to go too far! The training in Sweden was very different to Switzerland as the contour detail is much more intricate in Sweden so fine navigation into controls is important. After a week of training every day and most of the time twice a day we finished the week by entering into two local events, middle and a relay which were both on very runnable areas which forced us to put some pace back into our orienteering.

It has been an amazing summer of orienteering that has also given me the chance to see some different countries. I'd like to thank both LEI and EMOA for the financial support they have given me this summer that has allowed me to go to the competitions and training.

(Mirror score at Sence Valley was definitely the hardest event I did all summer though!)

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### **Orienteering Foundation - Dec 2015**

#### **Who we are**

The Orienteering Foundation is a registered charity, independent of British Orienteering. It was set up with money from a bequest from Bertie & Elsie Ward and is now raising further funds and awarding grants. The objectives are to promote the sport of orienteering through enhancement, innovation, and alleviation of hardship.



The Orienteering Foundation is built on your generosity. We welcome all donations, no matter how large or small, and there are many ways you can contribute.

Many grants have been made, for example supporting national teams at the World Schools Championships, regional squads training at home and abroad, and enhancing the Junior Home Internationals. There has been a historical focus on juniors, but we welcome grant applications for any projects that meet our objectives.

There have been some recent changes to the Orienteering Foundation and this article give you the up to date news.

#### **New web site**

The Orienteering Foundation has substantially revised its website ([www.orienteeringfoundation.org.uk](http://www.orienteeringfoundation.org.uk)) which now includes details of how to donate, how to apply for funding, and reports from funded projects - let us know what you think.

#### **New Orienteering Foundation Chair**

At the Trustees' meeting in September, the Trustees elected Neil Cameron as Chair for the period until early 2018.

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### **Making grant applications**

The process for making grant applications is under review but full details of the current process and an application form can be found on the new web site. We are keen to have new applications by January 2016 so that they can be considered at the next Trustee meeting on 1 February. Deadline dates and the application form are on the website.

### **Donors**

*Thank you to all those who continue to support us, or have recently started a regular donation.*

We are of course always happy to receive donations (this can be done directly from the web site if you wish) and to discuss the work of the Foundation with potential new donors (contact the Chair or any other Trustee). Donation methods and sources include:

- ⤴ Regular monthly or yearly donation
- ⤴ One-off donation
- ⤴ A bequest left in your will
- ⤴ Proceeds from fund-raising activity
- ⤴ Donation of volunteer expenses: instead of ignoring expenses, claim them and give them to charity (the Orienteering Foundation)

### **Orienteering Foundation and Contacts**

You can contact the Orienteering Foundation by e-mailing [chair@orienteeringfoundation.org.uk](mailto:chair@orienteeringfoundation.org.uk) or [admin@orienteeringfoundation.org.uk](mailto:admin@orienteeringfoundation.org.uk) The Chair can also be phoned on 01684 294791.

Following some recent changes and new appointments, the full list of contacts is:

- ⤴ *Neil Cameron - Chair & Trustee, phone 01684 294 791*  
[chair@orienteeringfoundation.org.uk](mailto:chair@orienteeringfoundation.org.uk)
- ⤴ *Duncan Archer - Trustee*
- ⤴ *Malcolm Duncan - Trustee*
- ⤴ *Andrew Evans - Trustee*
- ⤴ *Pauline Olivant - Trustee*
- ⤴ *Viv Macdonald - Administrator, [admin@orienteeringfoundation.org.uk](mailto:admin@orienteeringfoundation.org.uk)*

*We still have a vacancy for a new Trustee and we are particularly interested in recruiting someone from the North-West or Scotland.*

*For further information on all of the above, and details of recent grant awards and new stories, see the recently updated website: <http://www.orienteeringfoundation.org.uk>.*

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## East Midlands League 2015

The East Midlands League for 2015 is now complete. As usual it was the top 8 scores have counted. The following events have taken place and the codes are used in the tables.

1 - Outwoods (LEI)	2 - Crich Chase (DVO)	3 - Bagworth (LEI)
4 - Harlow (NOC)	5 - Ratby (LEI)	6 - Kedleston (DVO)
7 - Cromford (DVO)	8 - Chinley Churn (DVO)	9 - Burghley (LOG)
10 - Shirebrook (NOC)	11 - Burbage (LEI)	12 - Thoresby N (NOC)
13 - Longstone (DVO)	14 - Bramcote (NOC)	15 - Castle Hill (LEI)

Certificates and Plaques for the winners will be presented at the EM Score Championships at Clumber Park on Sunday February 7th at 10am.

Here is the League status top 10s for those who have more than one thousand points:

### White - Male

Forename	Surname	Club	Age					Best 8	
<b>Teddy</b>	<b>Edwards</b>	<b>DVO</b>	<b>7</b>	<b>1000-2</b>	<b>1000-7</b>	<b>649-12</b>	<b>909-14</b>	<b>3558</b>	<b>1</b>
<b>George</b>	<b>Rennie</b>	<b>LEI</b>	<b>8</b>	<b>575-12</b>	<b>663-13</b>	<b>1000-14</b>		<b>2238</b>	<b>2</b>
<b>Tristan</b>	<b>Isherwood</b>	<b>BASSET</b>	<b>10</b>	<b>1000-4</b>	<b>1000-12</b>			<b>2000</b>	<b>3</b>
Rory	Squire	NOC	10	1000-5	868-6			1868	4

### White - Female

<b>Daisy</b>	<b>Rennie</b>	<b>LEI</b>	<b>8</b>	<b>962-1</b>	<b>1000-3</b>	<b>1000-5</b>	<b>935-7</b>	<b>1000-11</b>	<b>1000-12</b>	<b>1000-13</b>	<b>1000-14</b>	<b>7897</b>	<b>1</b>
<b>Robyn</b>	<b>Jarvis</b>	<b>LEI</b>	<b>10</b>	<b>1000-2</b>	<b>741-3</b>	<b>806-5</b>	<b>997-6</b>	<b>975-8</b>	<b>750-11</b>	<b>668-14</b>	<b>1000-15</b>	<b>6937</b>	<b>2</b>
<b>Hebe</b>	<b>Darwin</b>	<b>LEI</b>	<b>8</b>	<b>767-1</b>	<b>654-4</b>	<b>1000-6</b>	<b>1000-7</b>	<b>1000-9</b>	<b>645-11</b>	<b>739-14</b>	<b>741-15</b>	<b>6546</b>	<b>3</b>
Alexa	Lindsay	DVO	10	1000-1	1000-4	339-5	990-6	782-7	1000-8	1000-10	418-11	6529	4
Charlotte	Squire	NOC	10	836-5	848-6							1684	5

### Yellow - Male

<b>Adam</b>	<b>Concannon</b>	<b>LEI</b>	<b>8</b>	<b>1000-3</b>	<b>1000-5</b>	<b>598-9</b>	<b>1000-10</b>	<b>611-11</b>	<b>1000-12</b>	<b>553-14</b>	<b>1000-15</b>	<b>6762</b>	<b>1</b>
<b>Finlay</b>	<b>Lowthian</b>	<b>NOC</b>	<b>10</b>	<b>1000-4</b>	<b>952-6</b>	<b>1000-9</b>	<b>1000-11</b>	<b>712-13</b>				<b>4664</b>	<b>2</b>
<b>Jake</b>	<b>O'Donnell</b>	<b>DVO</b>	<b>10</b>	<b>1000-8</b>	<b>1000-13</b>							<b>2000</b>	<b>3</b>
Daniel	Stothard	LEI	9	489-1	633-4	644-6						1766	4
Austin	Hibbs	ABBOTS	10	959-6	700-7							1659	5
Ben	O'Donnell	DVO	12	753-8	894-13							1647	6
Alex	Clements	NOC	7	900-6	610-7							1510	7
Ben	Bishop	LEI	14	423-1	812-7							1235	8

### Yellow - Female

<b>Hannah</b>	<b>Mather</b>	<b>LOG</b>	<b>10</b>	<b>1000-1</b>	<b>441-2</b>	<b>1000-5</b>	<b>1000-6</b>	<b>450-7</b>	<b>1000-9</b>	<b>1000-10</b>	<b>1000-12</b>	<b>6891</b>	<b>1</b>
<b>Aimee</b>	<b>Mayfield</b>	<b>DVO</b>	<b>10</b>	<b>1000-2</b>	<b>915-6</b>	<b>507-7</b>						<b>2422</b>	<b>2</b>
<b>Anne</b>	<b>Cunningham</b>	<b>DVO</b>	<b>45</b>	<b>1000-13</b>	<b>1000-14</b>							<b>2000</b>	<b>3</b>
Charlotte	Fox	LOG	12	1000-4	858-12							1858	4

### Orange - Male

<b>Harrington</b>	<b>Leake</b>	<b>LEI</b>	<b>10</b>	<b>830-1</b>	<b>800-3</b>	<b>1000-4</b>	<b>924-5</b>	<b>1000-10</b>	<b>869-14</b>	<b>1000-15</b>	<b>6423</b>	<b>1</b>
<b>Ben</b>	<b>Hardy</b>	<b>LEI</b>	<b>12</b>	<b>1000-1</b>	<b>856-3</b>	<b>1000-5</b>	<b>955-7</b>	<b>1000-12</b>			<b>4811</b>	<b>2</b>

# EMEW5

Charlie	Rennie	LEI	12	853-1	1000-3	845-5	1000-7				3698	3
Ben	Mackervoy	DVO	12	1000-2	757-6	436-8					2193	4
Matthew	Griffiths	DVO	12	771-2	700-6	455-7					1926	5
Ben	Squire	NOC	12	832-5	1000-6						1832	6
Jake	Bayley	DVO	10	559-7	1000-13						1559	7
Peter	Mackervoy	DVO	14	801-6	511-7						1312	8
Stephen	Hunt	NOC	50	387-4	296-6	319-13	214-14				1216	9

## Orange - Female

Isabella	Edwards	DVO	14	1000-2	527-7	1000-8	894-12	588-13	843-14	4852	1
Anne	Leake	LEI	45	741-2	1000-4	1000-5	684-14			3425	2
Libby	Barber	LEI	12	1000-1	963-5	810-14				2773	3
Elsie	Jones	DVO	12	1000-6	589-7	1000-13				2589	4
Viv	Macdonald	DVO	60	791-2	479-6					1270	5

## Light Green - Male

Benjamin	Mather	LOG	12	1000-1	1000-3	919-4	1000-5	1000-6	856-7	802-9	1000-10	7577	1
Donald	Flynn	NOC	16	880-3	740-5	691-7	775-8	779-9	798-11	948-14	1000-15	6611	2
Oscar	Ferris	LEI	12	890-1	701-3	1000-4	963-9	1000-11				4554	3
Samuel	Davis	DVO	14	742-1	847-4	826-9	684-11	1000-14				4099	4
Charlie	Rennie	LEI	12	977-11	1000-12	1000-13						2977	5
John	Pickles	NOC	65	818-3	904-4	802-6	363-11					2887	6
Ben	Mackervoy	DVO	12	898-8	449-13	923-14						2270	7
Harrington	Leake	LEI	10	940-6	1000-9							1940	8
Francis	Mayes	LEI	14	715-1	589-5	592-7						1896	9
James	Bedwell	DVO	14	447-2	512-7	649-9						1608	0

## Light Green - Female

Rachel	Duckworth	DVO	12	1000-1	1000-2	1000-4	954-5	1000-6	1000-7	1000-13	1000-14	7954	1
Reed	Lydon	LEI	14	905-1	759-3	652-4	496-5	635-6	1000-9	504-14	1000-15	5951	2
Caitlin	Chafer	LEI	14	530-2	1000-3	708-4	650-5	551-12				3439	3
Peta	Jarvis	LEI	14	608-4	573-8	1000-11	901-15					3082	4
Daisy	Herd	LEI	14	915-3	725-5	580-6	552-7					2772	5
Sarah	Parkin	DVO	40	381-2	481-6	443-7	653-8	374-12	414-14			2746	6
Amanda	Price	DVO	50	313-2	676-6	1000-8	697-13					2686	7
Grace	Pennell	DVO	14	379-2	685-7	537-13	574-14					2175	8
Gina	Colton	LEI		627-5	961-9							1588	9
Sarah	Blackburn	DVO	45	489-4	528-7							1017	0

## Short Green - Male

Kevin	Gallagher	LEI	65	1000-1	1000-2	1000-4	1000-7	1000-9	1000-10	1000-12	1000-15	8000	1
David	Bray	LEI	60	806-1	896-2	827-3	944-4	868-5	951-10	1000-11	926-14	7218	2
David	Parkin	DVO	80	887-1	893-2	895-4	1000-6	889-7	779-10	944-12	861-13	7148	3
Ernie	Williams	LEI	70	773-2	755-3	803-4	909-5	914-6	759-12	851-13	882-14	6646	4
John	Woodall	NOC	75	734-3	837-4	758-5	844-6	745-7	776-9	804-11	841-14	6339	5
Chris	Phillips	LEI	65	764-3	609-4	694-5	612-8	620-10	627-11	742-12	735-14	5403	6
Laurie	Fluck	LEI	65	577-2	641-4	550-5	773-6	559-8	628-12	720-13	604-14	5052	7
John	Palmer	NOC	65	793-1	910-7	902-9	547-10	1000-13	837-14			4989	8
Peter	Leake	LEI	75	860-1	901-2	908-3	1000-5	1000-8				4669	9

# EMEWS

Roger	Keeling	DVO	70	478-1	574-4	546-5	682-6	550-9	628-10	612-12	588-13	4658	0
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## Short Green - Female

<b>Pauline</b>	<b>Ward</b>	<b>DVO</b>	<b>70</b>	<b>1000-1</b>	<b>1000-2</b>	<b>1000-3</b>	<b>1000-5</b>	<b>920-6</b>	<b>826-13</b>	<b>793-14</b>	<b>1000-15</b>	<b>7539</b>	<b>1</b>
<b>Ann</b>	<b>Armistead</b>	<b>DVO</b>	<b>65</b>	<b>943-2</b>	<b>730-3</b>	<b>1000-4</b>	<b>896-5</b>	<b>1000-6</b>	<b>1000-7</b>	<b>998-12</b>	<b>912-14</b>	<b>7479</b>	<b>2</b>
<b>Jen</b>	<b>Gale</b>	<b>DVO</b>	<b>65</b>	<b>861-2</b>	<b>739-3</b>	<b>852-4</b>	<b>811-9</b>	<b>1000-11</b>	<b>636-13</b>	<b>733-14</b>	<b>991-15</b>	<b>6623</b>	<b>3</b>
Helen	Finlayson	DVO	70	912-2	906-6	931-7	889-8	1000-12	822-14			5460	4
Ursula	Williamson	LEI	50	939-7	882-9	877-10	908-11	907-12	903-14			5416	5
Alison	Hayes	DVO	50	714-2	536-3	656-4	542-5	586-6	637-10	607-11	675-14	4953	6
Diane	Ford	LEI	65	575-1	666-4	621-5	626-6	618-9	655-12	455-14	631-15	4847	7
Ruth	Ellis	DVO	60	667-8	950-9	866-10	861-12	872-15				4216	8
Judith	Holt	DVO	65	1000-8	1000-10	1000-13	953-14					3953	9
Christine	Middleton	DVO	65	610-1	978-2	840-8	616-13					3174	0

## Green - Male

<b>Simon</b>	<b>Ford</b>	<b>LEI</b>	<b>70</b>	<b>1000-2</b>	<b>1000-4</b>	<b>1000-5</b>	<b>1000-6</b>	<b>811-7</b>	<b>932-9</b>	<b>840-12</b>	<b>892-15</b>	<b>7475</b>	<b>1</b>
<b>Roger</b>	<b>Edwards</b>	<b>LEI</b>	<b>65</b>	<b>1000-1</b>	<b>955-2</b>	<b>1000-3</b>	<b>846-6</b>	<b>985-8</b>	<b>819-9</b>	<b>977-11</b>	<b>807-13</b>	<b>7389</b>	<b>2</b>
<b>Andy</b>	<b>Hawkins</b>	<b>DVO</b>	<b>65</b>	<b>918-1</b>	<b>961-2</b>	<b>797-4</b>	<b>924-5</b>	<b>815-7</b>	<b>1000-11</b>	<b>812-12</b>	<b>827-14</b>	<b>7054</b>	<b>3</b>
Alastair	Flynn	NOC	16	784-2	831-4	807-6	823-7	782-9	799-11	822-12	863-15	6511	4
Stuart	Swalwell	DVO	65	881-2	818-3	804-4	825-5	775-8	761-10	721-13	794-15	6379	5
Peter	Cholerton	NOC	60	740-1	835-3	758-5	780-6	778-7	724-9	766-12	812-15	6193	6
Andy	Portsmouth	LEI	60	792-4	717-5	757-6	814-7	726-8	728-9	765-11	681-14	5980	7
Jeffrey	Baker	LOG	60	676-2	687-4	774-5	853-6	702-7	857-11	687-12	690-15	5926	8
Peter	Chick	LEI	70	718-1	563-2	802-3	763-4	736-7	488-13	629-14	696-15	5395	9
George	Normand	LEI	70	752-1	997-3	833-5	940-11	809-12	932-15			5263	0

## Green - Female

<b>Amanda</b>	<b>Roberts</b>	<b>LOG</b>	<b>50</b>	<b>907-1</b>	<b>947-4</b>	<b>1000-5</b>	<b>910-7</b>	<b>1000-9</b>	<b>1000-10</b>	<b>1000-11</b>	<b>885-15</b>	<b>7649</b>	<b>1</b>
<b>Liz</b>	<b>Godfree</b>	<b>DVO</b>	<b>65</b>	<b>1000-3</b>	<b>1000-6</b>	<b>1000-7</b>	<b>1000-8</b>	<b>1000-13</b>	<b>912-14</b>	<b>1000-15</b>		<b>6912</b>	<b>2</b>
<b>Jane</b>	<b>Booker</b>	<b>NOC</b>	<b>60</b>	<b>713-2</b>	<b>946-5</b>	<b>849-6</b>	<b>779-7</b>	<b>772-8</b>	<b>930-9</b>	<b>783-10</b>	<b>869-12</b>	<b>6641</b>	<b>3</b>
Sarah	Duckworth	DVO	14	1000-1	1000-2	1000-4	973-5	850-7	857-13	910-14		6590	4
Margaret	Keeling	DVO	65	740-1	712-4	724-5	729-6	821-9	752-11	882-12	633-13	5993	5
Jane	Dring-Morris	LEI	45	657-1	701-3	631-4	664-5	754-9	656-10	604-11	673-14	5340	6
Clare	Hanna	LOG	50	621-1	520-2	711-4	724-5	486-7	747-9	676-12		4485	7
Cathryn	Goodhead	DVO	50	553-1	539-2	724-3	697-4	579-6	479-7	598-15		4169	8
Ashleigh	Howells	LEI	16	854-2	872-3	752-5	795-6	690-7				3963	9
Wendy	West	LEI		510-1	655-4	558-6	509-7	713-9	490-10	528-14		3963	9

## Blue - Male

<b>Derek</b>	<b>Gale</b>	<b>DVO</b>	<b>70</b>	<b>931-1</b>	<b>954-2</b>	<b>1000-4</b>	<b>921-6</b>	<b>947-7</b>	<b>955-11</b>	<b>973-12</b>	<b>972-15</b>	<b>7653</b>	<b>1</b>
<b>Andrew</b>	<b>Henderson</b>	<b>LEI</b>	<b>50</b>	<b>855-1</b>	<b>905-5</b>	<b>919-6</b>	<b>840-7</b>	<b>861-9</b>	<b>913-11</b>	<b>921-14</b>	<b>1000-15</b>	<b>7214</b>	<b>2</b>
<b>John</b>	<b>Hurley</b>	<b>DVO</b>	<b>60</b>	<b>747-2</b>	<b>958-4</b>	<b>920-5</b>	<b>798-8</b>	<b>1000-9</b>	<b>810-10</b>	<b>956-13</b>	<b>958-14</b>	<b>7147</b>	<b>3</b>
Michael	Lindsay	DVO	65	773-1	847-2	913-4	975-5	819-7	908-8	771-10	1000-14	7006	4
Robert	Haskins	LEI	60	822-3	791-4	777-5	824-6	689-7	658-8	816-14	883-15	6260	5



## EMEWs

Mike	Gardner	DVO	55	699-1	838-5	774-6	747-7	721-8	693-12	689-14	791-15	5952	6
Paul	Hudson	NOC	50	825-1	732-2	785-3	875-4	901-6	880-7	751-13		5749	7
Alan	West	LEI		720-1	767-3	767-4	716-6	682-9	637-10	625-11	747-15	5661	8
Alastair	Paterson	LEI		717-1	663-2	747-5	719-6	615-7	659-9	730-11	760-14	5610	9
Murray	White	DVO		639-1	638-4	694-6	644-7	737-11	677-12	700-13	687-14	5416	0

### Blue - Female

<b>Tanya</b>	<b>Taylor</b>	<b>LOG</b>	<b>45</b>	<b>1000-1</b>	<b>1000-3</b>	<b>1000-4</b>	<b>1000-5</b>	<b>1000-6</b>	<b>1000-8</b>	<b>1000-9</b>	<b>1000-11</b>	<b>8000</b>	<b>1</b>
<b>Sal</b>	<b>Chaffey</b>	<b>DVO</b>	<b>50</b>	<b>912-1</b>	<b>1000-2</b>	<b>865-3</b>	<b>910-5</b>	<b>999-6</b>	<b>983-7</b>	<b>892-8</b>	<b>1000-13</b>	<b>7561</b>	<b>2</b>
<b>Trish</b>	<b>Lydon</b>	<b>LEI</b>	<b>45</b>	<b>846-1</b>	<b>905-2</b>	<b>850-6</b>	<b>705-7</b>	<b>728-9</b>	<b>804-13</b>	<b>909-14</b>	<b>853-15</b>	<b>6600</b>	<b>3</b>
Rachel	Davis	DVO	50	775-1	734-9	828-10	757-11	740-12	852-13	1000-14	755-15	6441	4
Tracey	Brookes	LEI	50	838-1	780-3	777-4	822-6	816-7	832-8	876-15		5741	5
Joanna	Goodhead	DVO	18	704-1	939-2	680-3	745-4	758-6	892-10	715-15		5433	6
Liz	Heaton	LEI	21	626-1	645-2	637-5	624-6	624-8	720-9	664-13	794-14	5334	7
Kim	Buxton	DVO	50	756-1	835-2	655-3	775-4	755-5	744-6			4520	8
Ursula	Williamson	LEI	50	775-2	714-3	636-4	734-6	640-8				3499	9
Catherine	Hughes	NOC	45	882-2	885-4	850-6	874-7					3491	0

### Brown - Male

<b>Ian</b>	<b>Wells</b>	<b>RAFO</b>		<b>849-5</b>	<b>776-6</b>	<b>865-9</b>	<b>827-10</b>	<b>944-11</b>	<b>891-12</b>	<b>727-14</b>	<b>771-15</b>	<b>6650</b>	<b>1</b>
<b>John</b>	<b>Mather</b>	<b>LOG</b>	<b>45</b>	<b>834-3</b>	<b>751-4</b>	<b>863-5</b>	<b>820-6</b>	<b>884-9</b>	<b>755-10</b>	<b>904-12</b>	<b>791-15</b>	<b>6602</b>	<b>2</b>
<b>Finn</b>	<b>Lydon</b>	<b>LEI</b>	<b>16</b>	<b>987-1</b>	<b>955-3</b>	<b>772-4</b>	<b>917-5</b>	<b>585-9</b>	<b>1000-13</b>	<b>1000-15</b>		<b>6216</b>	<b>3</b>
Alan	Le Moigne	DVO	40	739-3	711-5	716-6	667-8	891-9	790-10	802-14	715-15	6031	4
John	Worth	LEI	50	739-1	629-2	708-4	815-5	828-9	806-11	731-13	726-14	5982	5
Russell	Buxton	DVO	55	656-1	697-2	781-3	758-4	870-5	727-6	742-14	720-15	5951	6
John	Duckworth	DVO	45	1000-1	889-2	1000-4	1000-5	1000-6	710-7			5599	7
Nigel	Lydon	LEI	45	686-1	721-3	660-4	782-5	746-6	569-7	802-9	574-13	5540	8
Robert	Smith	DVO		840-1	828-2	967-3	929-10	1000-11	775-12			5339	9
David	Pettit	DVO	21	595-1	631-4	656-5	669-6	536-7	631-8	651-13	682-14	5051	0

### Brown - Female

<b>Helen</b>	<b>Chiswell</b>	<b>DVO</b>	<b>35</b>	<b>962-1</b>	<b>1000-2</b>	<b>1000-3</b>	<b>1000-6</b>	<b>1000-7</b>	<b>1000-8</b>	<b>1000-12</b>	<b>921-14</b>	<b>7883</b>	<b>1</b>
<b>Julie</b>	<b>Ferris</b>	<b>LEI</b>	<b>45</b>	<b>857-1</b>	<b>905-3</b>	<b>1000-5</b>	<b>802-7</b>	<b>1000-9</b>	<b>1000-11</b>	<b>766-13</b>	<b>979-14</b>	<b>7309</b>	<b>2</b>
<b>Hannah</b>	<b>Cox</b>	<b>LEI</b>		<b>1000-4</b>	<b>1000-10</b>	<b>1000-13</b>						<b>3000</b>	<b>3</b>
Tracey	Brookes	LEI	50	944-9	1000-14							1944	4

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### **East Midlands League 2016**

The EMOA League for 2016 will have the same scoring system as for previous years, i.e. best 8 events to count. The following are the list of events defined for 2016.

<b>3rd January</b>	<b>Boundary Wood &amp; Haywood Oaks (NOC)</b>
<b>17th January</b>	<b>Eyam Moor (DVO)</b>
<b>31st January</b>	<b>Hicks Lodge (LEI)</b>
<b>14th February</b>	<b>Bestwood (NOC)</b>
<b>20th March</b>	<b>Grimsthorpe Castle (LOG)</b>
<b>3rd April</b>	<b>Sherwood Pines (NOC)</b>
<b>10th April</b>	<b>Beacon Hill (LEI)</b>
<b>23rd April</b>	<b>Hanging Hill (LEI)</b>
<b>24th April</b>	<b>Calke Park (DVO)</b>
<b>18th June</b>	<b>Carsington (DVO)</b>
<b>9th October</b>	<b>Byron's Walk (NOC)</b>
<b>22nd October</b>	<b>Grange Top Wood (DVO)</b>
<b>13th November</b>	<b>Bradgate and Swithland (LEI)</b>
<b>20th November</b>	<b>Hardwick Hall (DVO)</b>
<b>18th December</b>	<b>TBC (NOC)</b>
<b>31st December</b>	<b>Ratby and Martinshaw (LEI)</b>

## East Midlands Urban League 2015

The EM Urban League for 2015 has now completed. The events are shown below. The scoring is the best 4 out of 7 events to count.

- **EMUL 1** 4 May: Nottingham (NOC)
- **EMUL 2** 14 June: Chesterfield (DVO)
- **EMUL 3** 21 June Ashby (LEI)
- **EMUL 4** 5 September: Lincoln City (LOG)
- **EMUL 5** 6 September: Loughborough University (LEI)
- **EMUL 6** 25 October: Grantham (LOG)
- **EMUL 7** 15 November: Matlock (DVO)

The detailed urban league status is available on the EMOA website at

<http://www.oxfordfusion.com/ukul/index.cfm?Org=7&Test=0>



### Junior Men

					EMUL1	EMUL2	EMUL3	EMUL4	EMUL5	EMUL6	EMUL7
	Name		Club	best 4	4May	14Jun	21Jun	5Sep	6Sep	25Oct	15Nov
1	Alastair Flynn	M16	NOC	<b>400/4</b>	100	100	100		100	100	0
2	James Lowthian	M14	NOC	<b>382/4</b>	93	93	93	89		96	100
3	Donald Flynn	M16	NOC	<b>363.5/4</b>	89	91	90		93	89.5	
4	Simon Warrener	M16	NOC	<b>288/3</b>	96	96			96		
5	James Peet	M16	NOC	<b>277/3</b>	90				91		96
6	Ben Mather	M12	LOG	<b>183/2</b>				90		93	
7=	Samuel Davis	M14	DVO	<b>179/4</b>	88	0	91		0		
7=	Finlay Lowthian	M10	NOC	<b>179/2</b>						88	91
9	George Carley	M14	NOC	<b>100/1</b>				100			
10	Monty Barker-Pilsworth	M16	RAFO	<b>96/1</b>				96			

### Junior Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7
1	Ashleigh Howells	W16	LEI	<b>392/4</b>	96		100	100	96		
2	Hannah Mather	W10	LOG	<b>196/2</b>				96		100	
3	Jessica Dring-Morris	W16	LEI	<b>186/2</b>			96		90		
4=	Anna Barber	W16	LEI	<b>100/1</b>					100		
4=	Sarah Duckworth	W14	DVO	<b>100/1</b>	100						
6	Imogen Wilson	W16	LEI	<b>93/1</b>					93		
7	Sophie Vincent	W14	DVO	<b>91/1</b>					91		

### Open Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7
1	Anthony Squire	M35	NOC	<b>369/4</b>	96	91			91	91	
2	Alan Le Moigne	M40	DVO	<b>352/4</b>	87	87	88		86	90	

## EMEWS

3	Craig Lucas	M18	LOG	<b>326/4</b>	78			84	77	87	
4	Liam Harrington	M21	LOG	<b>281/3</b>				96		96	89
5	Philip Johnston-Davis	M40	LOG	<b>269/3</b>		90		91			88
6	Finn Lydon	M16	LEI	<b>191/2</b>				100			91
7	Roger Phillips	M35	LEI	<b>165/2</b>			84		81		
8	Andy Lucas	M50	LOG	<b>158/2</b>				82	76		
9	Simon West	M18	LEI	<b>154/3</b>			0	79	75		
10	Richard Robinson	M21	NOC	<b>100/1</b>							100

### Open Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7
1	Sal Chaffey	W50	DVO	<b>378/4</b>	100	90	91	91		96	0
2	Liz Heaton	W21	LEI	<b>372/4</b>	93	88	90	90	93	93	93
3	Hannah Cox	W18	LEI	<b>289/3</b>		93	100		96		
4	Tracey Brookes	W50	LEI	<b>265/3</b>				88	88	89	
5	Helen Chiswell	W35	DVO	<b>184/2</b>			93		91		
6	Andrea Page	W35	LOG	<b>180/2</b>				89		91	
7	Nicole Schmid	W21	LEI	<b>176/2</b>		87	89				
8	Alison Wright	W21	LOG	<b>175/2</b>						88	87
9	Emily Powell	W21	DVO	<b>96/1</b>	96						
10	Sarah Edwards	W35	LOG	<b>87/1</b>				87			

### Veteran Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7
1	Paul Murgatroyd	M45	LOG	<b>382/4</b>	93	100	96			93	90
2	Francesco Lari	M50	NOC	<b>363/4</b>	91	90	91	91	88	90	
3	Andrew Ridgway	M50	NOC	<b>342/4</b>			83	87	87		85
4	Graham Thorne	M40	NOC	<b>334/4</b>	84	82	85	82		83	
5	Jamie Sutherland	M45	LEI	<b>333/4</b>	85	84	84	80			
6	Alastair Paterson	M45	LEI	<b>326/4</b>	82	80	81	81	77	82	81
7	Gary Peet	M45	NOC	<b>311/4</b>	81	73			81		76
8	Iain Phillips	M45	LEI	<b>304/4</b>	77	69	77	75			75
9	Keith Lowthian	M45	NOC	<b>303/4</b>	80	70	76	77			
10	Ian Howells	M50	LEI	<b>249/3</b>	87		79		83		

### Veteran Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7
1	Tanya Taylor	W45	LOG	<b>396/4</b>	100	100	90	96	96	100	96
2	Helen Parkinson	W45	NOC	<b>370/4</b>	93	93	91	91	90	93	
3	Rachel Davis	W50	DVO	<b>348/4</b>	89	84	89		85		85
4	Sue Russell	W50	DVO	<b>343/4</b>	84	87	88		84		82
5=	Ursula Williamson	W50	LEI	<b>342/4</b>	82	79	84		82	90	86
5=	Clare Hanna	W50	LOG	<b>342/4</b>	81	83	86	90	77		83
7	Kim Buxton	W50	DVO	<b>341/4</b>	86	82	0		83	88	84

## EMEWS

8	Alison Hardy	W45	LEI	<b>278/3</b>		91	96				91
9	Amanda Roberts	W50	LOG	<b>271/4</b>	88		9	93	0		90
10	Karen Howells	W40	LEI	<b>256/3</b>	85		85		86		

### Supervet Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7
1	Paul Morris	M55	NOC	<b>389/4</b>	93		100	96	90		100
2	Robert Parkinson	M55	NOC	<b>362/4</b>	91	90	85	90	85	91	
3	Robert Haskins	M60	LEI	<b>358/4</b>	89	86	87	86		93	89
4	Russell Buxton	M55	DVO	<b>337/4</b>	83	83	81		77	86	85
5	Graeme Huggan	M55	NOC	<b>335/4</b>	82	80		88		85	
6	Jeffrey Baker	M60	LOG	<b>333/4</b>		75	77.5	83	79	89	82
7	Graham Johnson	M60	DVO	<b>268/3</b>	81					96	91
8	Sean Harrington	M50	LOG	<b>244/3</b>				84		81	79
9	Peter Leake	M75	LEI	<b>236/3</b>			80	78			78
10	Pete Hornsby	M60	LEI	<b>232/3</b>			79	80	73		

### Supervet Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7
1	Val Johnson	W55	DVO	<b>376/4</b>	96	90				100	90
2	Anne Gibbs	W70	LOG	<b>371/4</b>	89	0		93		96	85
3	Ruth Ellis	W60	DVO	<b>360/4</b>	91	85	91			93	82
4	Jane Booker	W60	NOC	<b>196/2</b>	100	96					
5	Trudy Crosby	W55	LOG	<b>184/2</b>				100			84
6	Anne Kimberley	W55	DVO	<b>178/2</b>		87				91	
7	Margaret Keeling	W65	DVO	<b>176/2</b>	88					88	
8	Lynden Hartmann	W60	DVO	<b>174/2</b>		91					83
9	Jane Burgess	W55	DVO	<b>89/1</b>							89
10	Viv Macdonald	W60	DVO	<b>88/1</b>		88					

### Ultravet Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7
1	Doug Dickinson	M70	DVO	<b>400/4</b>	91	100	100	100	96	100	96
2	Derek Gale	M70	DVO	<b>369/4</b>		88	90		90	96	93
3	Kevin Gallagher	M65	LEI	<b>361/4</b>	84	82	91	93	83	93	88
4	Ian Parfitt	M65	DVO	<b>358/4</b>	90	84	87			90	91
5	Rex Bleakman	M70	DVO	<b>353.5/4</b>	88	89			91		85.5
6	Roger Edwards	M65	LEI	<b>353/4</b>	87		93		82	89	84
7	Andy Hawkins	M65	DVO	<b>348/4</b>	89	79	88		84		87
8	Simon Ford	M70	LEI	<b>344.5/4</b>	81	87				91	85.5
9	Jim Smith	M65	LEI	<b>327/4</b>	77	71	85		79	86	77
10	Laurie Fluck	M65	LEI	<b>320/4</b>	75	66	81	83	71	81	70



## Ultravet Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7
1	Judith Holt	W65	DVO	<b>389/4</b>		96	93		93	100	100
2	Hilary Palmer	W65	NOC	<b>384/4</b>	96		96	96	96	96	
3	Jen Gale	W65	DVO	<b>363/4</b>		86	91		0	93	93
4	Diane Ford	W65	LEI	<b>349/4</b>	88	84				91	86
5	Pauline Ward	W70	DVO	<b>267/3</b>	91	89					87
6	Liz Godfree	W65	DVO	<b>200/2</b>	100	100					
7	Christine Middleton	W65	DVO	<b>96/1</b>							96
8	Helen Finlayson	W70	DVO	<b>90/1</b>							90
9	Ann Armistead	W65	DVO	<b>87/1</b>		87					

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## East Midlands Urban League 2016

The EM Urban League for 2016 has been defined as the events shown below. The scoring is the best 4 out of 8 events to count.

- **EMUL 1** 1 Jan: Ashbourne (DVO)
- **EMUL 2** 8 May: Southwell (NOC)
- **EMUL 3** 26 June Ibstock (LEI)
- **EMUL 4** 17 July: Nottingham (NOC)
- **EMUL 5** 14 August: Lincoln (LOG)
- **EMUL 6** 1 October: Dishley (LEI)
- **EMUL 7** 23 October: Bourne (LOG)
- **EMUL 8** 11 December: Wirksworth (DVO)



We have already had one event of the Urban League, at Ashbourne. Leaders so far are:

Class	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>
Women's Junior:	Rachel Duckworth (DVO) (W14) - 96;	Sarah Duckworth (DVO) (W16) - 93	Sophie Vincent (DVO) (W14) - 91
Men's Open	Paul Addison (DVO) (M55) - 91	Louis Forshaw-Perring (DVO) (M18) - 90	David Vincent (DVO) (M55) - 87
Men's Veterans	Francesco Lari (NOC) (M50) - 93	Richard Parkin (DVO) (M45) - 91	Paul Hudson (NOC) (M50) - 82
Women's Veterans	Tanya Taylor (LOG) (W45) - 100	Helen Parkinson (NOC) (W50) - 93	Julie Ferris (LEI) (W45) - 91
Men's Supervets	Robert Parkinson (NOC) (M55) - 93	John Hurley (DVO) (M60) - 90	Mick Lucking (NOC) (M55) - 89
Women's Supervets	Liz Godfree (DVO) (W65) - 100	Val Johnson (DVO) (W55) - 93	Kim Buxton (DVO) (W55) - 91
Men's Ultravets	Doug Dickinson (DVO) (M70) - 100	Robert Haskins (LEI) (M65) - 96	Rex Bleakman (DVO) (M70) - 93
Women's Ultravets	Hilary Palmer (NOC) (W65) - 100	Jen Gale (DVO) (W70) -96	

# EMEWS

## Fixtures

This fixture list is intended to list all major events in the UK, and all East Midlands events. It includes all the information available to me about the event at the time of going to press. Details on entry are normally available on the club sites. Unless otherwise stated, Local events offer entry on the day (EOD) to a range of colour coded courses with start times from 10:30 to 12:30. Some will provide a wider range of courses than others. Regional events provide colour coded within which age classes can be run. National events provide a range of age related courses and are normally entered in advance.

The OS map reference is either the car park or point from which the event will be signposted. The list is based on BOF registration, but events are sometimes cancelled. If you are uncertain of whether an event will be on, check with the organiser. The editor takes no responsibility for wasted journeys.

## January

Sun 17 <sup>th</sup>	CHIG The Michael Brandon Mitre Level B Event	B	CHIG	SE	Epping North	Epping	452018
Sun 17 <sup>th</sup>	EM League	C	DVO	EM	Eyam Moor	Eyam	SK210778
Wed 20 <sup>th</sup>	LEI Winter League 5 The Outwoods	D	LEI	EM	The Outwoods	Loughborough	SK515160
Thu 21 <sup>st</sup>	Night Series	D	LOG	EM	University of Lincoln	Lincoln	SK969711
Sat 23 <sup>rd</sup>	Local and schools event	D	SYO	YH	Ecclesall Woods	Sheffield	SK310823
Sun 24 <sup>th</sup>	Aire Regional Event	C	AIRE	YH	Flasby Fell	Skipton	SD975539
Sun 24 <sup>th</sup>	OD Event Hartshill Hayes	C	OD	WM	Hartshill Hayes Country Park, Nuneaton	Nuneaton	SP469735
Sun 24 <sup>th</sup>	NOC Winter Series	D	NOC	EM	Rufford Country Park	Ollerton	SK645648
Thu 28 <sup>th</sup>	Night Series	D	LOG	EM	Boultham Park and surrounds	Lincoln	SK962691
Sat 30 <sup>th</sup>	DVO Technical Training		DVO				
	Technical training for DVO Club Members at Crich Chase, Ambergate on Saturday Jan 30th open to DVO members, if coaches available. Most likely 10am start to 2:30pm finish, £3 per person. Interested names to Dai Bedwell by no later than 23rd January – please use details in DVO membership list.						
Sun 31 <sup>st</sup>	EM League Hicks Lodge	C	LEI	EM	Hicks Lodge	Leicester	SK328156
Sun 31 <sup>st</sup>	Sport Relief Regional Event	C	SYO	YH	Brodsworth	Sheffield	

## February

Thu 4 <sup>th</sup>	Night Series	D	LOG	EM	Ermine East and West	Lincoln	
Sat 6 <sup>th</sup>	OD Local Event Daventry Country Park	D	OD	WM	Daventry Country Park	Daventry	SP575641
Sat 6 <sup>th</sup>	Scottish Night Championships	C	ESOC	SOA	North Pentland Hills	Edinburgh	NT212676
Sat 6 <sup>th</sup>	LEI Winter League 6 Brocks Hill	D	LEI	EM	Brocks Hill Country Park	Leicester	SP619997
Sat 6 <sup>th</sup>	Hardwick Informal Event	D	DVO	EM	Hardwick	Chesterfield	SK463637
Sat 6 <sup>th</sup>	Hardwick Informal Night Event	D	DVO	EM	Hardwick	Chesterfield	SK463637
Sun 7 <sup>th</sup>	Regional Urban Event	C	EPOC	YH	Sowerby Bridge	Sowerby Bridge	
Sun 7 <sup>th</sup>	EM Score Championships	C	NOC	EM	Clumber Park	Worksop	SK620752

## EMEWS

Sun 7 <sup>th</sup>	WMOA League 3	C	<a href="#">WCH</a>	WM	<a href="#">Chasewater</a>	Brown hills	<a href="#">SK037087</a>
Sun 7 <sup>th</sup>	Mole Valley Ranking & SEL Event	B	<a href="#">MV</a>	SE	White Downs & Netley Heath	Dorking	
Thu 11 <sup>th</sup>	<b>LEI Winter League 7 Sence Valley</b>	D	<a href="#">LEI</a>	EM	<a href="#">Sence Valley County Park</a>	Coalville	<a href="#">SK404113</a>
Thu 11 <sup>th</sup>	<b>Night Series</b>	D	<a href="#">LOG</a>	EM	<a href="#">West Common and West End</a>	Lincoln	<a href="#">SK965719</a>
Sat 13 <sup>th</sup>	Northern Night Champs	C	<a href="#">MDOC</a>	NW	<a href="#">Philips Park</a>	Prestwich, N.Manchester	<a href="#">SD798042</a>
Sun 14 <sup>th</sup>	<b>NOC Regional Event (EM League)</b>	C	<a href="#">NOC</a>	EM	<a href="#">Bestwood Country Park</a>	Nottingham	<a href="#">SK565475</a>
Sun 14 <sup>th</sup>	HOC Event - WM League	C	<a href="#">HOC</a>	WM	<a href="#">Longdon, Wyre Forest</a>	Bewdley	<a href="#">SO755781</a>
Sun 14 <sup>th</sup>	SUFFOC Colour Coded and EAOA Championships	C	<a href="#">SUFFOC</a>	EA	<a href="#">Tunstall Forest</a>	Woodbridge	
Wed 17 <sup>th</sup>	<b>LEI Winter League 8 West Leicester Parks</b>	D	<a href="#">LEI</a>	EM	<a href="#">Western Park</a>	Leicester	<a href="#">SK561042</a>
Thu 18 <sup>th</sup>	MDOC Night Street league (8)	D	<a href="#">MDOC</a>	NW	<a href="#">Macclesfield streets</a>	Macclesfield	<a href="#">SJ918733</a>
Sat 20 <sup>th</sup>	<b>National Trust Challenge Event</b>	D	<a href="#">DVO</a>	EM	<a href="#">Longshaw</a>	Sheffield	
Sat 20 <sup>th</sup>	Local and schools event	D	<a href="#">SYO</a>	YH	<a href="#">Botanical Gardens</a>	Sheffield	<a href="#">SK334863</a>
Sat 20 <sup>th</sup>	TVOC Saturday Series Waddesdon Manor	D	<a href="#">TVOC</a>	SC	<a href="#">Waddesdon Manor National Trust</a>	Aylesbury	<a href="#">SP744163</a>
Sun 21 <sup>st</sup>	HH SE League event & SE Long Championships	B	<a href="#">HH</a>	SE	<a href="#">Ashridge North</a>	Berkhamsted	
Sun 21 <sup>st</sup>	Regional Event	C	<a href="#">EBOR</a>	YH	<a href="#">Cawthorne and Keldy</a>	Pickering	
Sun 21 <sup>st</sup>	WAOC Thetford Warren Colour Code Event	C	<a href="#">WAOC</a>	EA	<a href="#">Thetford Warren</a>	Thetford	<a href="#">TL839842</a>
Sat 27 <sup>th</sup>	<b>British Night Championships (UKOL)</b>	A	<a href="#">LEI</a>	EM	<a href="#">Cademan &amp; Thringstone Woods</a>	Loughborough	
Sun 28 <sup>th</sup>	<b>Midlands Championships (UKOL)</b>	A	<a href="#">NOC</a>	EM	<a href="#">Sherwood Forest</a>	East Midlands	

## March

Sat 5 <sup>th</sup>	Wales Middle Championships and 2016 Welsh League Event	C	<a href="#">SWOC</a>	WOA	<a href="#">Kings Wood</a>	Monmouth	
Sat 5 <sup>th</sup>	MDOC Park+Urban event	D	<a href="#">MDOC</a>	NW	<a href="#">Reddish Vale, Tiviot Dale and urban link</a>	Reddish	<a href="#">SJ904934</a>
Sun 6 <sup>th</sup>	Welsh Championships	B	<a href="#">SWOC</a>	WOA	<a href="#">Sugar Loaf</a>	Abergavenny	
Sun 6 <sup>th</sup>	<b>DVO Level B - Longshaw</b>	B	<a href="#">DVO</a>	EM	<a href="#">Longshaw</a>	Sheffield	
Sun 6 <sup>th</sup>	SMOC Keyne-O	D	<a href="#">SMOC</a>	EA	<a href="#">Shenley Wood</a>	Milton Keynes	<a href="#">SP823356</a>
Sat 12 <sup>th</sup>	OD Local Event	D	<a href="#">OD</a>	WM	<a href="#">Memorial Park</a>	Coventry	<a href="#">SP322772</a>
Sat 12 <sup>th</sup>	National Trust Challenge event	D	<a href="#">MDOC</a>	NW	<a href="#">Lyme</a>	Disley	<a href="#">SJ964823</a>
Sat 12 <sup>th</sup>	Local and schools event	D	<a href="#">SYO</a>	YH	<a href="#">Forge Dam &amp; Porter Valley</a>	Sheffield	<a href="#">SK303849</a>
Sun 13 <sup>th</sup>	CompassSport Cup Heats	B	Each club will be allocated to a heat so will depend on which one clubs are allocated to. Local ones appear to be YHOA – Timble; EAOA – Hatfield; WMOA – Abrahams Valley or NWOA - Bickerton				

## EMEWS

Wed 16 <sup>th</sup>	DVO Military League Event - Hardwick	D	DVO	EM	Hardwick	Chesterfield	
Sat 19 <sup>th</sup>	DVO Informal Event - Darley Park	D	DVO	EM	Darley Park	Derby	
Sat 19 <sup>th</sup>	NOC Winter Series	D	NOC	EM	Colwick Woods	Nottingham	SK598399
Sun 20 <sup>th</sup>	Sarum Saunter	B	SARUM	SW	Grovely East	Salisbury	
Sun 20 <sup>th</sup>	EM League	C	LOG	EM	Grimsthorpe Castle	Stamford	TF047229
Sun 20 <sup>th</sup>	SMOC Brackmills and EA League	C	SMOC	EA	Brackmills	Northampton	SP781586
Fri 25 <sup>th</sup>	Jan Kjellstrom Orienteering Festival - Sprint (UKOL)	A		YH	Leeds University	Leeds	SE291353
Fri 25 <sup>th</sup>	Jan Kjellstrom Orienteering Festival - Temp O	B		YH	Leeds University	Leeds	SE293348
Sat 26 <sup>th</sup>	Jan Kjellstrom Orienteering Festival Individual 1 (UKOL)	A		YH	Wass Forest	Thirsk	SE561806
Sat 26 <sup>th</sup>	Jan Kjellstrom Orienteering Festival - Pre O	B		YH	Ampleforth College	Thirsk	SE598789
Sun 27 <sup>th</sup>	Jan Kjellstrom Orienteering Festival Individual 2 (UKOL)	A		YH	Kilnsey	Skipton	SD976674
Mon 28 <sup>th</sup>	Jan Kjellstrom Orienteering Festival Relays	A		YH	Storches Hall	Huddersfield	SE186116

## April

Sat 2 <sup>nd</sup>	LOC weekend - Middle Distance	B	LOC	NW	Tarn Hows	Coniston	
Sun 3 <sup>rd</sup>	LOC weekend - Long Distance	B	LOC	NW	Holme Fell	Coniston	
Sun 3 <sup>rd</sup>	East Midlands League (NOC)	C	NOC	EM	Sherwood Pines	Ollerton	
Sun 10 <sup>th</sup>	YHOA Championships and Superleague	B	HALO	YH	Londesborough Park	Market Weighton	
Sun 10 <sup>th</sup>	EM League & Regional YBT Heat	C	LEI	EM	Beacon Hill	Leicester	
Sun 10 <sup>th</sup>	OD Event - WMOA League 6	C	OD	WM	Shuckburgh Park	Daventry	SP497618
Sat 16 <sup>th</sup>	Northern Champs Weekend (UKOL) urban	B	CLOK	NE	Whitby	Whitby	
Sat 16 <sup>th</sup>	DVO Informal Event - Broomfield	D	DVO	EM	Broomfield	Derby	SK388399
Sat 16 <sup>th</sup>	WAOC Summer Series	D	WAOC	EA	Hinchingbrooke	Hinchingbrooke	
Sun 17 <sup>th</sup>	Northern Champs (UKOL)	A	CLOK	NE	Mulgrave Woods	Whitby	
Sun 17 <sup>th</sup>	WMOA League 7	C	WCH	WM	Mainstay Woods	Cannock	SJ946114
Sun 17 <sup>th</sup>	NOR Colour Coded	C	NOR	EA		Norwich	
Sun 17 <sup>th</sup>	SMOC Keyne-O	D	SMOC	EA	Ouzel Valley	Milton Keynes	SP886370
Sat 23 <sup>rd</sup>	EM League	C	LEI	EM	Hanging Hill	Leicester	
Sun 24 <sup>th</sup>	TVOC Chiltern Challenge	B	TVOC	SC	Wendover Woods	Aylesbury	SP891100
Sun 24 <sup>th</sup>	EM League Event - Calke Abbey	C	DVO	EM	Calke Park	Derby	
Sun 24 <sup>th</sup>	WMOA Sprint Champs - Madeley Court	D	WRE	WM	Madeley Court	Telford	SJ696048
Sat 30 <sup>th</sup>	British Long Distance Orienteering Championships (UKOL)	A		WM	Brown Clee Hill	Bridgnorth	

## May

## EMEWS

Sun 1 <sup>st</sup>	British Relay Championships	A		WM	Brown Clee Hill	Bridgnorth	
Mon 2 <sup>nd</sup>	WMOA UrbanLeague 1	C	<a href="#">WCH</a>	WM	<a href="#">Tamworth</a>	Tamworth	<a href="#">SK208033</a>
Sat 7 <sup>th</sup>	Science City Double Urban Sprint Races	C	<a href="#">WAOC</a>	EA	<a href="#">Cambridge Science Park and North Cambridge</a>	Cambridge	
Sat 7 <sup>th</sup>	<b>Swadlincote Woodlands Informal Event - S Derbyshire</b>	D	<a href="#">DVO</a>	EM	<b>Swadlincote Woods</b>	<b>Swadlincote</b>	
Sun 8 <sup>th</sup>	YHOA Middle Distance Championships & Superleague	C	<a href="#">AIRE</a>	YH	Harden Moor	Keighley	
Sun 8 <sup>th</sup>	<b>East Midlands Urban League (NOC)</b>	C	<a href="#">NOC</a>	EM	<a href="#">Southwell</a>	<b>Southwell</b>	<a href="#">SK698533</a>
Sat 14 <sup>th</sup>	Southdowns Weekend event 1 / 3. Friston Forest (north). SE Middle Champs / SE League / SO champs	B	<a href="#">SO</a>	SE		tbc	
Sat 14 <sup>th</sup>	Southdowns Weekend event 2 / 3 Evening Sprint Race	D	<a href="#">SO</a>	SE	Eastbourne	Eastbourne	
Sun 15 <sup>th</sup>	Regional Event & Yvette Baker Trophy Heat	C	<a href="#">SYO</a>	YH	Sandall Beat	Doncaster	
Sun 15 <sup>th</sup>	Whitchurch WMOA Urban League 2	C	<a href="#">WRE</a>	WM	<a href="#">Whitchurch Town</a>	Whitchurch	<a href="#">SJ539415</a>
Sun 15 <sup>th</sup>	Southdowns Weekend 3/3. Friston Forest (central / north). SE Score Champs	C	<a href="#">SO</a>	SE	Friston Forest	Eastbourne	
Sat 21 <sup>st</sup>	Scottish Championships Individual (UKOL)	A	<a href="#">MAROC</a>	SOA	Balmoral	Braemar	
Sat 21 <sup>st</sup>	Summer Park League 3	D	<a href="#">POTOC</a>	WM	Festival Park	Stoke on Trent	
Sun 22 <sup>nd</sup>	Scottish Championships Relays	B	<a href="#">MAROC</a>	SOA	Balmoral	Braemar	
Sun 22 <sup>nd</sup>	YHOA Urban League	C	<a href="#">HALO</a>	YH	Freshney & Willows	Grimsby	
Sun 22 <sup>nd</sup>	SMOC Keyne-O	D	<a href="#">SMOC</a>	EA	<a href="#">Loughton Valley Park</a>	Milton Keynes	<a href="#">SP827394</a>
Sun 22 <sup>nd</sup>	LOC Cumbrian Galoppen	C	<a href="#">LOC</a>	NW	Birkett Common	Kirkby Stephen	
Sat 28 <sup>th</sup>	Tamar Triple Day 1	C	<a href="#">DEVON</a>	SW	Plymouth	Plymouth	
Sun 29 <sup>th</sup>	Tamar Triple Day 2	C	<a href="#">DEVON</a>	SW	Bodmin Moor	Bodmin	
Mon 30 <sup>th</sup>	Tamar Triple Day 3	C	<a href="#">KERNO</a>	SW	Mount Edgcumbe	Torpoint	
Mon 30 <sup>th</sup>	YHOA Urban League	C	<a href="#">EBOR</a>	YH	York	York	

## June

Sun 5 <sup>th</sup>	OD Yvette Baker Trophy (round 1)	C	<a href="#">OD</a>	WM	<a href="#">Pooley Country Park, Polesworth</a>	Tamworth	<a href="#">SK257024</a>
Sun 5 <sup>th</sup>	YHOA Urban Sprint	C	<a href="#">SYO</a>	YH	Attercliffe/Don Valley	Sheffield	
Sun 5 <sup>th</sup>	TVOC Regional Event & SCOA League	C	<a href="#">TVOC</a>	SC	Kings Wood	High Wycombe	
Sun 5 <sup>th</sup>	NOR Summer Series	D	<a href="#">NOR</a>	EA		Norfolk	
Sat 11 <sup>th</sup>	British Sprint Championships (UKOL)	A		SE	Olympic Park	London	
Sat 11 <sup>th</sup>	<b>Staunton Harold Informal Event</b>	D	<a href="#">DVO</a>	EM	<b>Staunton Harold</b>	<b>Derby</b>	
Sun 12 <sup>th</sup>	British Middle Championships (UKOL)	A		SE	Leith Hill	Dorking	
Sat 18 <sup>th</sup>	<b>EM League Event - Carsington</b>	C	<a href="#">DVO</a>	EM	<b>Carsington</b>	<b>Wirksworth</b>	



## EMEWS

Sun 19th	SOS Colour Coded & ESSOL	C	<a href="#">SOS</a>	EA	Danbury Park&Lakes	Chelmsford	
<b>Wed 22<sup>nd</sup></b>	<b>Rosliston Forestry Centre Informal Event</b>	<b>D</b>	<b><a href="#">DVO</a></b>	<b>EM</b>	<b>Rosliston Forestry Centre</b>	<b>Burton upon Trent</b>	
Sat 25 <sup>th</sup>	SMOC Milton Keynes Urban and Keyne-O	C	<a href="#">SMOC</a>	EA	<a href="#">Westcroft/Howe Park Wood</a>	Milton Keynes	<a href="#">SP830345</a>
Sat 25 <sup>th</sup>	The Dales Town and Country Weekend / YHOA Urban League	C	<a href="#">AIRE</a>	YH	Settle & Giggleswick	Settle	
Sun 26 <sup>th</sup>	The Dales Town and Country Weekend / YHOA Superleague	B	<a href="#">AIRE</a>	YH	Yockenthwaite	Buckden	
<b>Sun 26<sup>th</sup></b>	<b>EM Urban League</b>	<b>C</b>	<b><a href="#">LEI</a></b>	<b>EM</b>	<b>Ilbstock &amp; Heather</b>	<b>Leicester</b>	
Sun 26 <sup>th</sup>	Harvester Relays	B	<a href="#">NGOC</a>	SW	<a href="#">Cleeve Hill</a>	Cheltenham	<a href="#">SO993276</a>
Wed 29 <sup>th</sup>	OD Local Event - Sutton Park Gates Run	D	<a href="#">OD</a>	WM	<a href="#">Sutton Park</a>	Sutton Coldfield	<a href="#">SP115963</a>

The following are regular activity sessions provided by the East Midland Clubs:

### Ashby Map Runners

There is a lot of information on Ashby Map Runners evenings at <http://www.leioc.org.uk/fixtures/club-and-activity-nights/>

### Leicester (Groby) Club Night

There is a lot of information on Groby Club Nights at <http://www.leioc.org.uk/fixtures/club-and-activity-nights/>

### Glenfield Club Night

There is a lot of information on Glenfield Club Nights at <http://www.leioc.org.uk/fixtures/club-and-activity-nights/>

### Matlock Club Night

There is a lot of information available on Matlock Club Nights at <http://derwentvalleyorienteers.org.uk/club-nights/matlock-orienteers-club-night/>

### Rushcliffe Orienteers

There is a lot of information on Rushcliffe Orienteers evenings at <http://www.noc-uk.org/noc.aspx> (under Club Evenings at bottom left of page).

### Bassetlaw District Orienteers (Retford)

There is a lot of information on Bassetlaw District Orienteers (Retford) at <http://www.noc-uk.org/noc.aspx> (under Club Evenings at bottom left of page).